VOLUNTEERS NEEDED AT Brooke Grove Foundation, Inc.

Brooke Grove Foundation, Inc. offers volunteer opportunities for a range of interests and suited to almost any schedule. We value your contribution and will work with you to identify opportunities and create a schedule that allows you to participate. For more information, contact Director of Volunteer Services

Barbara Hackett at 301-570-7081 bhackett@bgf.org or volunteers@bgf.org

ACTIVITIES ASSISTANT A variety of Life Enrichment programming takes place in the Rehabilitation Center, Nursing center and Assisted Living, where volunteers assist with leading activities and transporting residents to the on-campus program locations. Examples include calling Bingo, playing Wheel-of-fortune, Family Feud, board games, and chess and doing crafts. Activities primarily on weekdays although some weekend activities are scheduled.

ADMINSTRATIVE SUPPORT Several offices on campus need assistance with tasks such as filing, copying, stuffing welcome or discharge packets. Occasionally, there is a need for someone to answer phone and take messages at a particular location.

AMENITY CART HOSTS Brooke Grove offers an amenity cart. The amenity cart goes door-to-door offering healthy tea, magazines, and books and may also assist with simple requests while visiting residents.

DINING ROOM AIDES Help is needed during breakfast, lunch and dinner with set-up, getting drinks, opening drink or food packets, and general clean up.

Nursing Center-Breakfast: 7:30-10a.m Lunch 12noon-2:30pm Dinner 4:00-7pm

Rehabilitation Breakfast: 7:30-10a.m Lunch 12noon-1:30 Dinner 5-7pm

ENTERTAINMENT Volunteers are needed who play all types of instruments, can sing, dance or lead hymns on Sundays

EVENT SUPPORT This is an as-needed volunteer role, occurring when departments across campus host events, Open houses, seminars and other events

FRIENDLY VISITORS Some Rehab, Nursing and Assisted Living residents have few visitors and welcome the opportunity to socialize, play games, puzzles or just have a kind person to talk to.

GROUNDS HELP The Brooke Grove campus includes extensive grounds and gardens. Assistance is needed to help mulch, weed and water garden areas, pick up trash and wind debris, clear walkways, clean outdoor patio glass doors. If you like being outdoors, this is the perfect opportunity for you.

MANICURIST Nursing Center residents are offered simple manicures (no polish) If you have experience in this area you can assist the nursing staff

OUTING ASSISTANTS- Assisted Living staff frequently take residents on outing and need assistance in helping participants to get on and off the bus as well as accompany them to lunch, on shopping excursions, field trips and more

RESIDENT DINING ASSISTANTS Many nursing center and assisted living residents are unable to feed themselves and assistance is needed to free the nursing staff to attend urgent needs. (Training and Certification is required)

SALON & ON-SITE TRANSPORTS This role involves identifying current building locations and transporting via wheelchair to salon appointments.

To Learn more about volunteer opportunities,

Please contact Volunteer Services at 301-570-7081

<u>bhackett@bgf.org</u> or <u>volunteers@bgf.org</u>.