



Hello
STUDENTS!

Welcome
**& THANK YOU
FOR JOINING US!**

We'll Begin Shortly



A GAP YEAR DESIGNED FOR YOU

dynamy.org | 508-755-2571

What is a Gap Year?

A gap year is a semester or full year of experiential learning typically taken between high school graduation and college enrollment. Gap years are intended to give students a break from academics to discover themselves and consider what kind of education and career they want to pursue.

Types of Gap Years:

- Domestic or Abroad
- Group or Independent Placement
- Language Immersion
- Academic
- Environment/Wilderness
- Service/Outreach
- Adventure
- Internship/Career Exploration

Benefits of a Gap Year:

Personal

INCREASED SELF
AWARENESS

BOOST YOUR
CONFIDENCE,
MATURITY &
INDEPENDENCE

GREATER
OWNERSHIP OF
EDUCATION

INCREASED
HAPPINESS

Social

LIFE EXPERIENCE

LANGUAGE SKILLS

GLOBAL
AWARENESS

LASTING
FRIENDSHIPS

SOFT SKILLS

Academic

LIKELYHOOD OF
GRADUATING ON
TIME IN 4 YEARS

BETTER IDEA OF
CAREER INTERESTS
AND COLLEGE
MAJOR

OPPORTUNITY TO
REFOCUS AFTER
HIGH SCHOOL

IMPROVE CAREER
OPPORTUNITIES
AND BUILD RESUME

A Domestic Gap Option

- Ages 17-22
- Worcester, Massachusetts
- Internships

100+ Internship Opportunities

- Independent Living
Apartment Style Housing
- Why Dynamy?
Academic Burnout
Career Exploration
College Readiness



100+ Internship Options

Opportunities Include:

- Animal Care
- Art & Design
- Athletics
- Automotive
- Business & Retail
- Childcare & Education
- Communications & Media
- Craftsmanship
- Culinary
- Environmental Services
- Government, Civic, & Law
- Health & Wellness
- Human Services
- Marketing
- Science & Technology
- Social Justice & Activism

Visit www.dynamy.org to view internship opportunities!





Independent Living

Apartment Style Housing

- 3 Houses Within a Block of Each Other
Historic Residential Neighborhood
Close to Downtown
Colleges Nearby
- Each House Offers
3 Student Apartments
1 Residential Coordinator Apartment

Visit www.dynamy.org to **take a video tour!**



67 CEDAR



97 ELM



47/49 CEDAR

Sample Week

Mon	Tue	Wed	Thu	Fri	Sat/Sun
LIFE SKILLS WORKSHOP "ADULTING 101"	INTERNSHIP DAY	INTERNSHIP DAY	INTERNSHIP DAY	INTERNSHIP DAY	OPTIONAL ACTIVITIES & SOCIAL EVENTS
Morning Session Lunch Break Afternoon Session	7 Hours on-site	7 Hours on-site	7 Hours on-site	7 Hours on-site	FREE TIME
COLLEGE COUNSELING	1 Hour Travel Time (est)	1 Hour Travel Time (est)	1 Hour Travel Time (est)	1 Hour Travel Time (est)	COMMUNITY SERVICE PROJECTS
28 INTERNSHIP HOURS ARE COMPLETED EACH WEEK					
OPTIONAL CLARK UNIVERSITY COURSE	INDIVIDUAL ADVISING	HOUSE MEETING Facilitated by the Residential Coordinator	GROCERY SHOPPING LAUNDRY ETC	SOCIAL EVENTS movie night, game night or similar social event	

Application Process

Rolling Admissions
Semester & Full Year Options

- Online Application
- \$40 Application Fee
- High School or College Transcripts
- 2 Recommendations
- Parent/Guardian Statement
- Student & Parent Interviews

Visit dynamy.org to schedule an
Online Information Session or Apply!





Create your life.
Dynamy

Stay In Touch

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NEXT STEPS:
Visit our website
Book an Online Visit
Take a Video Tour
Apply Online