

Snowden Farm Elementary School

Physical Education

Nov-Jan 2025

Dear Parents and Guardians,

Hello! We are excited to share important information about our Physical Education program for Marking Period 2. If you would like to review what concepts will be taught to your child for marking period 2, please look at the outlines below for each grade level.

We are proud of our PE program here at Snowden Farm and we are dedicated to providing a well-rounded and engaging Physical Education program for your child. If you have any questions or concerns, please feel free to reach out to Mr. Benco or Mr. Healy.

Thank you for your continued support in promoting the importance of physical activity and a healthy lifestyle. An upcoming event to make mention of is that we will be having our annual Kids Heart Challenge in **February of 2025**.

Additional information will be provided as we get closer to the date. Stay tuned :)

Sincerely,

Mr. Benco/Mr. Healy

Physical Education Teachers, Snowden Farm Elementary School

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3rd Grade	4th Grade	5th Grade
<p>Describes how skills will develop over time with appropriate practice</p> <p>Interprets and applies feedback using verbal and visual cues to show performance in a variety of skills.</p>	<p>Explains how skills will develop over time with appropriate practice.</p> <p>Provides feedback to illustrate errors in a peer's skill performance.</p>	<p>Exhibits respect for self with appropriate behavior while engaging in physical activity.</p> <p>Applies and shows that skills will develop over time with appropriate practice.</p> <p>Provides feedback to solve and correct errors in a peer's performance.</p>
<p>Identifies physical activity as a way to become healthier.</p> <p>Engages actively in the activities in Physical Education class without teacher prompting.</p>	<p>Engages actively in the activities of Physical Education class, both teacher-directed and independent.</p>	<p>Engages actively in all of the activities of Physical Education.</p>
<p>Discusses the challenges that come from learning a new physical activity.</p>	<p>Rates the enjoyment of participating in challenging and mastered physical activities.</p>	<p>Expresses the enjoyment and/or challenge of participating in a physical activity.</p>
<p>Rolls a ball to a partner or target, demonstrating most of the critical elements with reasonable accuracy.</p> <p>Throws underhand to a partner or target with reasonable accuracy demonstrating most of the critical elements.</p>	<p>Using a three-step approach, rolls a ball to a partner or target, demonstrating a mature pattern.</p> <p>Throws underhand to a partner or target, demonstrating a mature pattern.</p>	<p>Using a five-step approach, rolls a ball to a partner or target, demonstrating a mature pattern.</p> <p>Throws underhand using a mature pattern in non-dynamic environments with different sizes and types of objects.</p>
<p>Throws overhand, demonstrating most of the critical elements, in non-dynamic environments (closed skills), for distance and/or force.</p> <p>Catches a gently tossed hand-sized ball from a partner, demonstrating most of the critical elements.</p>	<p>Throws overhand, demonstrating a mature pattern in non-dynamic environments.</p> <p>Throws overhand to a partner or a target with accuracy at a reasonable distance.</p> <p>Catches a thrown ball above the head, at chest or waist level, and below the waist using a mature pattern in a non-dynamic environment.</p>	<p>Throws overhand, demonstrating a mature pattern in non-dynamic environments with different sizes and types of objects.</p> <p>Throws overhand at a large target with accuracy.</p> <p>Catches with accuracy while both partners are moving.</p> <p>Catches with reasonable accuracy in dynamic, small-sided practice tasks.</p> <p>Applies movement concepts to strategy in game situations.</p>
<p>Dribbles with the hand and travels in general space at a slow to moderate jogging speed with control of the ball and body.</p> <p><i>Passing with hands becomes a developmentally appropriate practice for assessment beginning in 4th grade. Can be taught for exposure here.</i></p>	<p>Dribbles in personal space with both the preferred and non-preferred hands, demonstrating a mature pattern.</p> <p>Dribbles in general space, alternating hands while increasing or decreasing speed and demonstrating a mature pattern and passes to a moving partner with reasonable accuracy in a non-dynamic environment.</p>	<p>Combines hand dribbling with other skills during 1v1 practice tasks.)</p> <p>Throws (passes) with accuracy while both partners are moving.</p> <p>Throws (passes) with accuracy in dynamic, small-sided practice tasks</p> <p>Combines traveling and manipulative skills for execution to a target.</p>
<p>Combines movement concepts with skills as directed by the teacher (MSC)</p>	<p>Applies the concept of open spaces to combination skills involving traveling.</p>	<p>Applies basic offensive and defensive strategies and tactics in invasion and/or small sided practice tasks.</p>

Kindergarten	1st Grade	2nd Grade
<p>Recognizes that skills will develop with appropriate practice.</p> <p>Uses verbal and visual cues to improve skill performance.</p>	<p>Recognizes that skills will develop with appropriate practice and use of the correct cues.</p> <p>Recalls and shows how verbal and visual cues improve personal performance in a variety of skills.</p>	<p>Recognizes that skills will develop over time with appropriate practice and use of the correct cues.</p> <p>Lists examples of appropriate feedback using verbal and visual cues to improve performance in a specific skill.</p>
<p>Recognizes that some physical activities are challenging.</p>	<p>Recognizes that challenges in physical activities can lead to success.</p>	<p>Compare physical activities that bring confidence and challenge.)</p>
<p>Rolls a ball with the opposite foot forward.</p> <p>Demonstrates an underhand throw with the opposite foot forward.</p>	<p>Rolls a ball while demonstrating some critical elements.</p> <p>Demonstrates an underhand throw using some critical elements.</p> <p>Differentiates between strong and light force.</p>	<p>Rolls a ball while demonstrating most critical elements.</p> <p>Demonstrates an underhand throw using a mature pattern.</p> <p>Varies speed and force with gradual increases and decreases.</p>
<p>Drops a ball and catches it before it bounces twice.</p> <p>Catches a large ball tossed by a skilled thrower.</p>	<p>Catches a soft object from a self-toss before it bounces.</p> <p>Catches a variety of objects tossed by a skilled thrower.</p>	<p>Demonstrates some critical elements of an overhand throw.</p> <p>Catches a self-tossed or well-thrown large ball with hands, not trapping or cradling it against the body.</p>
<p>Dribbles a ball with 1 hand, attempting the second contact.</p> <p>Participates actively in Physical Education class.</p>	<p>Dribbles continuously in personal space using the preferred hand.</p> <p>Engages actively in Physical Education class.</p>	<p>Dribbles in personal space with preferred hand demonstrating a mature pattern.</p> <p>Dribbles with preferred hand while walking in general space.</p> <p>Engages actively in Physical Education class.</p>