

The Role of the School Counselor



Counselors Support Students

***Classroom Guidance Lessons to address skills and standards.**

The school counselor teaches skills in the five counseling standard areas of personal, academic, healthy, interpersonal, and career development.

***Responsive Counseling: Individual and Small Group Counseling**

The school counselor addresses individual needs that impede learning through individual and small group counseling sessions, consultation with parents and teachers, referrals to appropriate resources, and crisis intervention.

The school counselor leads small groups to teach skills and provide support in specific areas of need such as social skills, family changes, study and organization skills, and coping skills.

***Individual Planning**

The school counselor assists students, in close collaboration with parents, to make good decisions about academic program, educational choices, personal goals, and career opportunities.

***School Program Support**

The school counselor supports school programs, school climate, and academic achievement.

Some of the Reasons Why Students See their Counselor:

1. Academic concerns
2. School Adjustment
3. Problems with friends or peers
4. Self-esteem
5. Family changes or concerns
6. Handling anger, sadness, fears, or stress
7. Grief/Loss
8. Crisis