



Office of Student and Family
Support and Engagement



OSESE

Resource Guide

Montgomery County Public Schools, Rockville, Maryland



2018-2019



VISION

We inspire learning by providing the greatest public education to each and every student.

MISSION

Every student will have the academic, creative problem solving, and social emotional skills to be successful in college and career.

CORE PURPOSE

Prepare all students to thrive in their future.

CORE VALUES

*Learning
Relationships
Respect
Excellence
Equity*

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DISCLAIMER

Fee information, address, income, insurance eligibility requirements, locations, and services are subject to change. Please contact individual service providers for current information. This is a comprehensive list and MCPS does not specifically endorse or recommend any provider listed.



HEALTH AND WELLNESS

NAME	CONTACT INFORMATION	NOTES	FEE
CRISIS SERVICES			
Crisis Center	www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html 240-777-4000	24 hours a day	Free
Emergency Assistance DHHS	www.montgomerycountymd.gov/hhs/ProgramIndex/FinHousingServicesIndex.html 311		Free
Montgomery County Police	www.montgomerycountymd.gov/pol/ 301-279-8000		Free
Collaboration Council	http://collaborationcouncil.org/ 301-610-0147		Free
Emergency Evaluation Petition	http://namimd.org/crises_help	Also, see Montgomery County Courts	Free
DENTAL			
Montgomery County Dental Services	https://www.montgomerycountymd.gov//HHS-Program/PHS/PHSgenDent-p268.html 240-777-1875	Regional options	Varied
Montgomery County Dental Directory	www.montgomerycountymd.gov/HHS-Program/Resources/Files/A%26D%20Docs/DND/DNDDental.pdf	Children and adults	Varied
Community Clinic, Inc.	www.cciweb.org/dental.html 240-720-0510	Gaithersburg	Varied
Catholic Charities Dental Clinics	www.catholiccharitiesdc.org/dentalclinics/ 301-933-0868		
MEDICAL			
Maryland Health Connection	www.marylandhealthconnection.gov/ 1-855-642-8572	Children	Varied
Mercy Clinic	http://mercyhealthclinic.org/patients/eligibility/ 240-773-0300	Adults	Varied
TAYA Youth Clinic	http://montgomery.md.networkofcare.org/mh/services/agency.aspx?pid=TeenandYouthAdultHealthConnectionTAYA_680_2_0 301-565-0914	Teens/young adults—regional centers	Varied
Proyecto Salud	www.proyectosalud.org/ 301-962-6173	Adults—Wheaton and Olney locations	Varied
Catholic Charities Medical Clinics	www.catholiccharitiesdc.org/medicalclinics/ 301-434-8985 or 301-740-2523	Silver Spring and Gaithersburg locations	Varied
Montgomery Cares Mobile Medical Care	http://mobilemedicalcare.org/ 301-634-9600	Regional centers, including East County	Sliding Scale
Community Clinic, Inc.	www.cciweb.org 301-216-0880 or 301-585-1250	Children and adults	Varied

NAME	CONTACT INFORMATION	NOTES	FEE
MENTAL HEALTH			
Linkages to Learning	www.montgomeryschoolsmd.org/community-engagement/linkages-to-learning/ 240-777-1731	Located in select elementary and middle schools	Free
Adventist Behavioral Health	www.adventisthealthcare.com/locations/profile/behavioral-health-wellness-services-rockville/ 301-251-4500		Varied
Contemporary Therapeutic Services	www.contemporaryservices.net 240-686-1971		Varied
Crisis Center	www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html 240-777-4000	24 hours a day	Free
DHHS Child Mental Health Clinic	www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCSChildAdolMentalHealth-p471.html 240-777-1450		Varied
EveryMind	www.every-mind.org/ 301-424-0656		Varied
Family Services, Inc	www.fs-inc.org/ 301-840-2000		Varied
Thrive Behavioral Health	www.thrivebh.com 410-780-5203		Varied
Behavioral Health Partners of Frederick	www.sheppardpratt.org/patient-care-and-services/community-based-services/behavioral-health-partners/ 410-938-3000		Varied
Vesta, Inc.	http://vesta.org/ 240-296-5848	Silver Spring and Germantown Locations	Varied
NAMI	https://namimc.org 1-800-273-8255		Varied
Network of Care	http://montgomery.md.networkofcare.org/mh/index.aspx		Varied
Emergency Evaluation Petition	http://namimd.org/crises_help	Also, see Montgomery County Courts	
Collaboration Council	http://collaborationcouncil.org/ 301-610-0147		Free
Hospice Caring, Inc.	www.hospicecaring.org/ 301-869-4673	Grief	Varied

PREGNANT/PARENTING TEENS/INFANT NEEDS

Infants and Toddlers	www.montgomeryschoolsmd.org/departments/special-education/programs-services/infants-and-toddlers.aspx 240-777-3997		Free
Community Clinic, Inc. (TAYA Clinic)	www.cciweb.org/family.html 301-565-0914	Silver Spring and Gaithersburg—pregnancy tests and other services	Varied

PREGNANT/PARENTING TEENS/INFANT NEEDS (continued)

Gaithersburg Help	www.gaithersburghelp.org 301-216-2510		Free
DHHS School Health Services	http://www.montgomerycountymd.gov/ 240-777-1550		Free
Wellness Centers	http://www.montgomerycountymd.gov/hhs-program/program.aspx?id=phs/phsschoolbasedhealth-p289.html 240-777-1550	Regional and other limitations	Free
Well Baby Care Services	http://montgomery.md.networkofcare.org/mh/services/subcategory.aspx?tax=LF-7000.9500		Varied
Catholic Charities	www.catholiccharitiesdc.org/SCC/ 301-740-2423		Varied
WIC	http://cciweb.org/wic.html 301-762-9426		Free
Family Services, Inc	www.fs-inc.org/ 301-840-2000		Varied
Lourie Center	www.adventisthealthcare.com/LC/programs/early-head-start/eligibility/ 301-891-1900		Varied
Family Discovery Center	www.fs-inc.org/services/programs/family-discovery-center 301-424-2989		Varied
Salvation Army	http://salvationarmynca.org/montgomery-county-md/ 301-515-5354	Germantown and other locations across Maryland	Varied
Manna Food	www.mannafood.org/how-to-receive-food-from-manna/ 301-424-1130	Referral needed; Families may self-refer; special requests taken for baby items	Free

SUBSTANCE ABUSE

Screening and Assessment Services for Children and Adolescents (SASCA)	http://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCSSASCA-p1961.html 240-777-1430		Varied
Maryland Behavioral Health Administration	http://bha.health.maryland.gov/Pages/Index.aspx 410-402-8487	24-hour crisis line	Varied
Maryland Coalition of Families	www.mdcoalition.org 410-730-8267		
Before It's Too Late	http://beforeitstoolate.maryland.gov/		
Mental Health/ Substance Abuse Screening and Referral (ACCESS to Behavioral Health)	www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCSACCBehavhealthsvcs-p239.html 240-777-1770	Adults	Varied
Family Services, Inc.	http://www.fs-inc.org/services/programs/substance-abuse-services 301-840-2000		Varied

SUICIDE PREVENTION

MCPS Office of Student and Family Support and Engagement	www.montgomeryschoolsmd.org/departments/student-services/mental-health/default.aspx?id=333014 240-314-4824		Free
Crisis Center	www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html 240-777-4000	24 hours a day	Free
National Suicide Prevention Lifeline	https://suicidepreventionlifeline.org/ 1-800-273-8255		Free
EveryMind	www.every-mind.org/ 301-424-0656		Varied
EveryMind Crisis Text/Chat	www.crisischat.org 301-738-2255		

VISION/HEARING

MCPS Deaf and Hard of Hearing Office	http://montgomeryschoolsmd.org/departments/special-education/programs-services/dhoh.aspx 240-740-1810		Free
School Health Services	http://www.montgomerycountymd.gov/ 240-777-1550	Also at each school; access to vision care vouchers and information	Free
Maryland Governor's Office of the Deaf and Hard of Hearing	http://odhh.maryland.gov/ 443-453-5761		Varied
National Federation of the Blind of Maryland	www.nopbc.org 443-803-0266		Varied
Columbia Lighthouse for the Blind	www.clb.org/ 301-589-0894		Varied
Vision Service Plan Sight for Students	https://vspglobal.com/cms/vspglobal-outreach/gift-certificates.html 1-800-877-7195		Varied

COMMUNITY RESOURCES**ACADEMIC SUPPORT**

Excel Beyond the Bell	http://excelbeyondthebell.org/ 240-777-8080	After-school supports	Free
George B. Thomas Learning Academy	www.saturdayschool.org/ 301-287-8980		Varied
Identity, Inc.	www.identity-youth.org 301-963-5900		Varied

ACADEMIC SUPPORT (continued)

YMCA Youth and Family Services	http://yfs.ymcadc.org 301-593-1160		Varied
Job Corps	https://www.jobcorps.gov/		Free
Maryland Multicultural Youth Center/Latin American Youth Center	www.layc-dc.org/ 301-495-0441		Free
Boys and Girls Club of Greater Washington	www.bgcgw.org/clubs/germantown/ 301-353-9600	Center located in Germantown only	Varied
Montgomery County Department of Recreation Youth Development Programs	http://www.montgomerycountymd.gov/rec/thingstodo/youthdevelopment/youthdevelopment_index.html 240-777-6840		Varied

CHILDCARE

LOCATE Childcare (State of Maryland)	www.marylandfamilynetwork.org/programs-services/locate/ 410-659-7701	Includes special needs assistance	Free
Childcare Subsidy Program	http://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=CYF/CYFChildCareSubs-p307.html 240-777-1155	Regional offices in Silver Spring, Rockville, and Wheaton	Free
Montgomery County Department of Recreation Youth Development Programs	http://www.montgomerycountymd.gov/rec/thingstodo/youthdevelopment/youthdevelopment_index.html 240-777-6840	Regional recreational department centers	Varied

CLOTHING

Interfaith Clothing Center	www.iworksmc.org/interfaith-clothing-center/ 301-424-3796	Referral needed	Free
C-4 Closet	14015 New Hampshire Ave. Silver Spring, MD 20904 301-421-9166	Referral needed	Free
Shepherd's Table	https://shepherdstable.org/services/clothescloset/ 301-585-6463	Limited schedule	Free
Catholic Charities	www.catholiccharitiesdc.org/SCC 301-740-2423		Varied

NAME	CONTACT INFORMATION	NOTES	FEE
DISABILITIES/SUSPECTED DISABILITIES			
Childfind	http://www.montgomeryschoolsmd.org/departments/special-education/programs-services/child-find.aspx 301-230-5966 301-230-5967 (Spanish)		Free
Infants and Toddlers	www.montgomeryschoolsmd.org/departments/special-education/programs-services/infants-and-toddlers.aspx 240-777-3997	5 regional centers	Free
MCPS Special Education Office	www.montgomeryschoolsmd.org/departments/special-education/ 301-279-3135		Free
MCPS Transition Services	www.montgomeryschoolsmd.org/departments/special-education/programs-services/transition-services-unit.aspx 301-649-8008		Free
MCCPTA Special Needs Committee	www.mccpta.org/special-education.html 301-208-0111		
Developmental Disabilities Administration (State of MD: Southern Region)	https://dda.health.maryland.gov/Pages/Regional%20Offices.aspx 301-362-5100		Free
Parent's Place of Maryland	www.ppmd.org/ 1-800-394-5694		
Lourie Center	www.adventisthealthcare.com/LC/ 301-984-4444		Free
Family Services, Inc	www.fs-inc.org/ 301-840-2000		Varied
Autism Speaks	www.autismspeaks.org/	Search by region and type of service	Varied
Jewish Social Service Agency	www.jssa.org/get-help/individuals-with-special-needs/ 301-816-2633		Varied
Kennedy Krieger	www.kennedykrieger.org/ 1-443-923-9200		Varied
Children's Hospital	https://childrensnational.org/		Varied
Social Security Administration	www.ssa.gov/disabilityssi/ 1-800-772-1213		Free
Transition Services (DORS)	http://dors.maryland.gov/Pages/default.aspx 1-888-554-0334		Varied
Autism Waiver	https://mmcp.health.maryland.gov/waiverprograms/Documents/Autism%20Waiver%20Fact%20Sheet.pdf 1-866-417-3480		Free
The ARC of Montgomery County	http://thearcmontgomerycounty.org/ 301-984-5777		Varied

NAME	CONTACT INFORMATION	NOTES	FEE
FAMILY LAW			
Family Law Self-Help Center	www.montgomerycountymd.gov/cct/family-law-self-help-center.html 240-777-9079	Income eligibility required	Free
Pro Bono	www.barmont.org/?116 301-424-7651		\$25 fee
Tess Center	http://www.montgomerycountymd.gov/HHS-Program/OCA/OCATESS-p351.html 240-773-8260		Varied
Catholic Charities	www.catholiccharitiesdc.org/legalnetwork 202-350-4305	Regional locations w/ varied services	Varied
Kinship Navigator Program	http://dhr.maryland.gov/foster-care/kinship-care/ 240-777-4152	Through Montgomery County Child Welfare Services	Free
Family Justice Center	www.montgomerycountymd.gov/fjc/ 240-773-0444	Interagency support for victims of domestic violence	Free
Family Services, Inc	www.fs-inc.org/services/programs/victim-and-domestic-violence 301-840-2000		Varied
CASA of Maryland	http://wearecasa.org/programs/legal/ 301-431-4185		Varied
Child Support Enforcement Office	http://dhr.maryland.gov/local-offices/montgomery-county/ 1-800-332-6347		Varied
Maryland Coalition Against Sexual Assault	https://www.mcasa.org/ 301-565-2277		Varied
Women's Law Center of Maryland	www.wlcmd.org/services/ 1-800-845-8550		Varied

FINANCIAL ASSISTANCE

Temporary Cash Assistance	http://www.montgomerycountymd.gov/hhs-program/program.aspx?id=cyf/cyfpuba-tca-tdap-p346.html 311	6 regional centers (see website)	Free
Salvation Army	http://salvationarmynca.org/montgomery-county-md/ 301-515-5354	Germantown location. Other locations across Maryland	Varied
Interfaith Works	www.iworksmc.org/emergency-assistance-coalition 301-762-8682		Free
Emergency Assistance	http://www.montgomerycountymd.gov/hhs/programindex/finhousingervicesindex.html 311		Free
Bethesda Help	www.bethesdahelp.org/ 301-365-2022	Regional limitations	Free

NAME	CONTACT INFORMATION	NOTES	FEE
FINANCIAL ASSISTANCE			
Catholic Charities	www.catholiccharitiesdc.org/gethelp/our-services/emergency-help/		Varied
Manna Food	www.mannafood.org/ 301-424-1130	Referral needed (families may self-refer)	Free
Catholic Charities	www.catholiccharitiesdc.org/food-2/		Varied
Gaithersburg Help	www.gaithersburghelp.org 301-216-2510		Free
Nourish Now	http://nourishnow.org/programs/ 301-330-0222	Referral. Call ahead needed	Free
Shepherd's Table	https://shepherdstable.org/services/meals/ 301-585-6463	Specific schedule for daily meals	Free
FURNITURE			
A Wider Circle	http://awidercircle.org/how-we-help/ 301-608-3504	Referral needed	Free
Interfaith Clothing Center	www.iworksmc.org/interfaith-clothing-center/ 301-424-3796	Household items and referrals for other needs	Free
GANG PREVENTION			
Identity, Inc.	www.identity-youth.org 301-963-5900		Varied
Street Outreach Network	http://www.montgomerycountymd.gov/hhs-program/program.aspx?id=cyf/cyfstreetoutreach-p771.html 240-777-1264		Free
Montgomery County Police	www.montgomerycountymd.gov/pol/ 301-279-8000		Free
YMCA Youth and Family Services	http://yfs.ymcadc.org/counseling-family/rys/ 301-593-1160	Various youth and family support programs	Varied
EveryMind	www.every-mind.org/ 301-424-0656	Various youth and family support programs	Varied
Montgomery County Network of Care	https://mcgtn.org/vso/montgomery-county-network-care	Various programs	Varied
HOUSING/HOMELESSNESS PREVENTION			
Crisis Center	www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html 240-777-4000	24 hours a day. Entry point for accessing shelter	Free
Emergency Assistance Montgomery County Dept. of Health and Human Services	http://www.montgomerycountymd.gov/hhs/programindex/finhousingindex.html 311		Free

NAME	CONTACT INFORMATION	NOTES	FEE
HOUSING/HOMELESSNESS PREVENTION (continued)			
HOC Housing Path	https://wl.hochousingpath.com	Regional centers	Varied
Rental Assistance	http://www.montgomerycountymd.gov/hhs-program/snhs/snhsrental-p743.html 240-777-4400		Free
Landlord Tenant Affairs	http://montgomerycountymd.gov/DHCA/housing/landlordtenant/index.html 311		Varied
Interfaith Works	www.iworksmc.org/emergency-assistance-coalition 301-762-8682		Free
Moderately Priced Dwelling Unit Program	https://www.montgomerycountymd.gov/DHCA/housing/singlefamily/mpdu/index.html 311		Varied
City of Gaithersburg	www.gaithersburgmd.gov/ 301-258-6310	Boundary limitations	Varied
Catholic Charities	www.catholiccharitiesdc.org/gethelp/our-services/emergency-help/		Varied
Montgomery Homeownership Program	http://mmp.maryland.gov/Pages/default.aspx 301-429-7852		Varied

HUMAN TRAFFICKING

Araminta Freedom Initiative	http://aramintafreedom.org/ 1-888-373-7888		Free
Montgomery County Police	www.montgomerycountymd.gov/pol/ 301-279-8000		Free
Crisis Center	www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html 240-777-4000	24 hours a day	Free
National Center for Missing and Exploited Children	www.missingkids.com/home 1-800-843-5678	24 hours a day; multiple resources	Free
National Human Trafficking Hotline	https://humantraffickinghotline.org/ 1-888-373-7888		Free
Tahirih Justice Center	https://www.tahirih.org/what-we-do/direct-services/legal-services/ 571-282-6161	Support for immigrant women and girls	Varied
Torture Abolition and Survivor Support Coalition (TASSC)	www.tassc.org/ 202-529-2991		Varied

NAME	CONTACT INFORMATION	NOTES	FEE
IMMIGRATION & REUNIFICATION ISSUES			
EveryMind	www.every-mind.org/services/youth 301-424-0656	Mental health supports, including for separated/reunified families	Varied
Pro Bono	www.barmont.org/?208 301-424-7651		\$25 fee
Latino Health Initiative/Family Reunification Program	http://www.lhiinfo.org/es/ 240-777-3384		Free
KIND	https://supportkind.org/ 202-824-8680		Varied
Asian Pacific American Legal Resource Center	www.apalrc.org/immigration 202-393-3572		Varied
Catholic Charities	www.catholiccharitiesdc.org/gethelp/our-services/immigrantsandrefugees/ 301-942-1790		Varied
Ayuda	https://ayuda.com/get-help/legal-services/immigration-law/ 202-387-4848		Varied
Capital Area Immigrant Rights Coalition	www.caircoalition.org/ 202-899-1415 Detained Adults 202-870-5843 Detained Children		Varied
Central American Resource Center (CARECEN)	http://carecencdc.org/ 202-328-9799		Varied
Foreign-Born Information and Referral Network (FIRN)	www.firnonline.org/services/immigration-counseling-services/ 410-992-1923		Varied
Human Rights First	www.humanrightsfirst.org/about/contact 202-547-5692	Asylum seekers	Varied
International Rescue Committee	www.rescue.org/united-states/silver-spring-md 301-562-8633	Refugee/Asylum	Varied
Justice for our Neighbors	www.dcmdjfon.org/index.html 240-825-4424		Varied
Maryland Coalition against Sexual Assault	www.mcasa.org/survivors/sali/ 301-565-2277		Varied
Tahirih Justice Center	www.tahirih.org/what-we-do/direct-services/legal-services/ 571-282-6161	Support for immigrant women and girls	Varied
Torture Abolition and Survivor Support Coalition	www.tassc.org/ 202-529-2991		Varied

NAME	CONTACT INFORMATION	NOTES	FEE
IMMIGRATION & REUNIFICATION ISSUES (continued)			
Whitman-Walker Legal Services	https://www.whitman-walker.org/legal-services 202-745-7000	Supports LGBTQ community, those affected by HIV, and issues related to reunification	Varied
Women's Law Center of Maryland	www.wlcmd.org/services/domestic-violence-law/immigration-remedies 410-321-8761	Support for immigrant victims of domestic violence	Varied
World Relief Baltimore Immigration Legal Clinic	www.peoples-law.org/world-relief-baltimore-immigration-legal-clinic 410-244-0002		Varied
INTERNET/COMPUTER			
Project Reboot	www.projectreboot.org/ 301-330-0034	Referral needed	Varied
Phoenix Computers	www.phoenixcomputers.info/index.htm 301-881-4500	Referral needed	Varied
Comcast Internet Essentials	https://internetessentials.com/ 1-855-846-8376	Internet and computers; eligibility requirements	Varied
MAC Recycle Clinic	www.macrecycleclinic.org/site/ 301-593-4004		Varied
JUVENILE SERVICES			
Department of Juvenile Services	https://www3.montgomerycountymd.gov/311/Solutions.aspx?SolutionId=1-4OWLZV 301-610-8500		Varied
Collaboration Council	http://collaborationcouncil.org/ 301-610-0147		Free
Child Welfare Services	http://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=CYF/CYFChildWelfare-p214.html 240-777-3500	Regional centers	Free
Identity, Inc.	www.identity-youth.org 301-963-5900		Varied
National Center for Children and Families	www.nccf-cares.org/adolescent-services/ 301-365-4480		Varied
Jewish Social Service Agency	www.jssa.org/get-help/children-and-adolescents 301-816-2633	Regional centers	Varied

MISSING CHILDREN/RUNAWAY SUPPORTS

Montgomery County Police	www.montgomerycountymd.gov/pol/index.html 301-279-8000 240-773-5400		Free
National Center for Missing and Exploited Children	www.missingkids.com/home 1-800-843-5678		Free
Collaboration Council	http://collaborationcouncil.org/ 301-610-0147		Free
Department of Juvenile Services	https://www3.montgomerycountymd.gov/311/Solutions.aspx?SolutionId=1-4OWLZV 301-610-8500		Varied
Child Welfare Services	http://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=CYF/CYFChildWelfare-p214.html 240-777-3500	Regional centers	Free

PARENTING SUPPORT

PEP Parenting Program	http://pepparent.org 301-929-8824		Varied
YMCA Regional Youth Services	http://yfs.ymcadc.org/counseling-family/rys/ 301-587-5700		Varied
Lourie Center	www.adventisthealthcare.com/LC/programs/ 301-984-4444		Varied
National Alliance on Mental Illness	https://namimc.org/programs/family/ 301-949-5852		Varied
Family Discovery Center (Family Services, Inc.)	http://www.fs-inc.org/services/programs/family-discovery-center 301-840-2000		Varied
Peace Co-Parenting Class (Montgomery County Courts)	http://montgomerycountymd.gov/circuitcourt/court/FamilyDivision/CoParenting_Program/CoParenting.html 240-777-9079		Varied
Catholic Charities	www.catholiccharitiesdc.org/gethelp/our-services/help-for-children-teens 301-942-1790		Varied
Parent's Place of Maryland	www.ppmmd.org/ 1-800-394-5694	For parents of children with special needs	

SUMMER OPPORTUNITIES/RECREATION

Montgomery County Department of Recreation	www.montgomerycountymd.gov/rec/ 240-777-6840	Regional centers	Varied
MNCPPC Montgomery Parks	www.montgomeryparks.org/ 301-495-2595	Regional centers	Varied

NAME	CONTACT INFORMATION	NOTES	FEE
SUMMER OPPORTUNITIES/RECREATION (continued)			
YMCA	https://www.ymcadc.org/for_healthy_living/sports-recreation/ 202-232-6700	Regional centers	Varied
City of Rockville	www.rockvillemd.gov/index.aspx?NID=346 240-314-8620	Boundary limitations	Varied
City of Gaithersburg	www.gaithersburgmd.gov/leisure/youth-and-teen-activities 301-258-6350	Boundary limitations	Varied
Maryland Soccerplex	www.mdsoccerplex.org/ 301-528-1480		Varied
Boys and Girls Club of Greater Washington	www.bgcgw.org/ 202-540-2300 or 301-353-9600	Regional centers	Varied
Montgomery County Public Libraries	www.montgomerycountymd.gov/library 240-777-0002	Regional libraries	Free

UTILITIES ASSISTANCE

Maryland Energy Assistance Programs	https://www.montgomerycountymd.gov/HHS-Program/SNHS/SNHSUtilityA-p746.html 240-777-4450		Varied
Interfaith Works	www.iworksmc.org/programs/ 301-762-8682		Varied
Catholic Charities	www.catholiccharitiesdc.org/gethelp/ 301-942-1790		Varied

VICTIMS' ASSISTANCE/DOMESTIC VIOLENCE

Victim Assistance and Sexual Assault Program	https://www.montgomerycountymd.gov/HHS-Program/bhcs/vasap/vasapindex.html 240-777-1355 240-777-4357 Crisis Line		Free
Family Justice Center	www.montgomerycountymd.gov/fjc/ 240-773-0444		Free
Family Services, Inc.	www.fs-inc.org/services/programs/victim-and-domestic-violence 301-840-2000		Varied
Montgomery County Police	www.montgomerycountymd.gov/pol/index.html 301-279-8000		Free
Family Law Self-Help Center	www.montgomerycountymd.gov/circuitcourt/self_Representing/Index.html 240-777-9079	Income eligibility required	Free
Pro Bono	www.barmont.org/?208 301-424-7651		\$25 fee
Maryland Coalition Against Sexual Assault	https://www.mcasa.org/ 301-565-2277		Varied

NAME	CONTACT INFORMATION	NOTES	FEE
VICTIMS' ASSISTANCE/DOMESTIC VIOLENCE (continued)			
Tahirih Justice Center	www.tahirih.org/what-we-do/direct-services/legal-services/ 571-282-6161	Support for immigrant women and girls	Varied
Torture Abolition and Survivor Support Coalition (TASSC)	www.tassc.org/ 202-529-2991		Varied
Women's Law Center of Maryland	www.wlcmd.org/services/domestic-violence-law/ 410-396-3294	Support for immigrant victims	Varied
Rape, Abuse, and Incest National Network (RAINN)	www.rainn.org/ 1-800-656-4673		Free
Loveisrespect	www.loveisrespect.org/ 1-866-331-9474 Text LOVEIS to 22522	Support for teen dating abuse	Free

SCHOOL CULTURE AND CLIMATE

BULLYING

MCPS Bullying Prevention	www.montgomeryschoolsmd.org/info/bullying/ 240-314-4860		Free
EveryMind	www.every-mind.org/ 301-424-0656		Varied
Crisis Center	www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html 240-777-4000		Free
Montgomery County Police	www.montgomerycountymd.gov/pol/ Nonemergency: 301-279-8000		Free
ICC (Crossroads)	www.theicc.net/ 240-396-5350		Varied

CHILD ABUSE AND NEGLECT

Child Welfare Services	https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=CYF/CYFChildWelfare-p214.html 240-777-3500		Free
Crisis Center	www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html 240-777-4000		Free
Montgomery County Police	www.montgomerycountymd.gov/pol/ Nonemergency: 301-279-8000		Free
Tree House	http://treehousemd.org/ 240-777-4699		Free

NAME	CONTACT INFORMATION	NOTES	FEE
CYBERBULLYING/INTERNET SAFETY			
Montgomery County Police	www.montgomerycountymd.gov/pol/ Nonemergency: 301-279-8000 Emergency: 911		Free
Netsmartz	www.netsmartz.org/home 1-800-843-5678		Free
Crisis Center	www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html 240-777-4000		Free
State's Attorney's Office	https://www.montgomerycountymd.gov/sao/ 240-777-7383		Free
Comcast Internet Essentials	www.internetessentials.com/Learning/Online-safety-and-security 1-855-846-8376		Varied
Cybertipline	www.missingkids.com/CyberTipline 1-800-843-5678		Free

LGBTQ RESOURCES

PFLAG	http://pflagdc.org/support/community-support-groups/maryland/germantown/ 301-540-3449		Free
TAYA Youth Clinic	www.cciweb.org/family.html 301-565-0914		Free
Whitman-Walker Legal Services	www.whitman-walker.org/ 202-939-7627	Supports LGBTQ community and those affected by HIV	Varied
The Trevor Project	www.thetrevorproject.org 1-866-488-7386		Free
Trans Lifeline	www.translifeline.org 1-877-565-8860		Free
It Gets Better	www.itgetsbetter.org		Free

MENTORING

Big Brothers Big Sisters of the National Capital Area	www.bbbsnca.org/ 301-794-9170		Varied
YMCA Regional Youth Services	http://yfs.ymcadc.org 301-587-5700		Varied
Community Bridges	http://communitybridges-md.org/ 301-585-7155		Varied
Family Services, Inc.	www.fs-inc.org/ 301-840-2000		Varied
Boys and Girls Club of Greater Washington	www.bgcgw.org/clubs/germantown/ 301-353-9600	Center located in Germantown only	Varied

MENTORING (continued)

University of Maryland Terps Mentoring Program	www.terpconnect.umd.edu/~jswayamb/aboutus.html terpsmentoring@gmail.com		Varied
Montgomery County Network of Care	http://montgomery.md.networkofcare.org/veterans/ services/subcategory.aspx?tax=PH-1400.5000		Varied

RESTORATIVE JUSTICE/RESTORATIVE PRACTICES

MCPS Restorative Justice Project	www.montgomeryschoolsmd.org/departments/ studentservices/mentalhealth/restorative-justice- project.aspx		Free
Conflict Resolution Center of Montgomery County	http://crcmc.org/ 301-652-0717		Free
CRI: Circle of Restorative Initiatives for Maryland	www.crimaryland.org/		Varied
University of Maryland C-DRUM (Dispute Resolution)	www.law.umaryland.edu/programs/cdrum/ restorative_practices.html 410-706-3295		Varied

SERVICE LEARNING/VOLUNTEERISM

MCPS SSL and Student Leadership Coordinators	www.montgomeryschoolsmd.org/departments/ssl/ 301-315-7335 www.montgomeryschoolsmd.org/departments/ student-leadership/ 240-314-1039		Free
Montgomery County Volunteer Network	www.montgomeryserves.org/volunteers/ studentleadership 240-777-2600		Free
Montgomery County Department of Recreation	www.montgomerycountymd.gov/rec/ 240-777-6891 240-777-6870		Free
Montgomery County Public Libraries	www.montgomerycountymd.gov/library/ 240-777-0002		Free

ADDITIONAL RESOURCES AND UNDERSERVED REGIONS

ADULT EDUCATION OPPORTUNITIES

Montgomery College	www.montgomerycollege.edu/ 240-567-5000	Regional centers	Varied
Gilchrist Center	www.montgomerycountymd.gov/gilchrist/ 240-777-4940	Regional centers	Varied

NAME	CONTACT INFORMATION	NOTES	FEE
ADULT EDUCATION OPPORTUNITIES (continued)			
CASA de Maryland	www.wearecasa.org/ 301-431-4185		Varied
Family Services, Inc.	www.fs-inc.org/ 301-840-2000		Varied
Maryland Multicultural Youth Center/ Latin American Youth Center	www.layc-dc.org/our-programs/job-readiness/workforce-programs/ 301-495-0441		Varied
Montgomery Coalition for Adult English Literacy	www.mcael.org 301-881-1338		Varied
Job Corps	https://www.jobcorps.gov/ 800-733-5627		Varied

EMPLOYMENT SUPPORT

Worksource Montgomery	www.worksourcemontergomery.com/ 240-403-4102	Locations in Wheaton and Germantown	Free
Gilchrist Center	www.montgomerycountymd.gov/gilchrist/ 240-777-4940	Regional centers	Varied
Job Corps	https://www.jobcorps.gov/ 800-733-5627		Varied
Centro Católico/ Catholic Center	www.catholiccharitiesdc.org/gethelp		Varied
Career Catchers	www.careercatchers.org/ 301-495-6393	Silver Spring and Gaithersburg	Varied
Maryland Multicultural Youth Center/Latin American Youth Center	www.layc-dc.org/our-programs/job-readiness/workforce-programs/ 301-495-0441		Varied

TRANSPORTATION

Washington Metropolitan Area Transportation Authority Trip Planner	www.wmata.com/schedules/trip-planner/ 202-637-7000		Free
RideOn (including Youth Cruiser Pass)	www.montgomerycountymd.gov/dot-transit/kidsridefree/index.html 240-777-5800		Varied
Metro Access	www.wmata.com/service/accessibility/metro-access/ 301-562-5360		Varied

NAME	CONTACT INFORMATION	NOTES	FEE
ADDITIONAL SERVICES			
Early Childhood (Head Start/PreK)	http://www.montgomeryschoolsmd.org/uploadedFiles/departments/dtecps/earlychildhood/prek/CommunityResourceGuide_ENGLISH_%20Web%202017-2018.pdf 301-230-0676		Free
MCPS International Enrollment Office	www.montgomeryschoolsmd.org/departments/student-services/schooling/iae.aspx 301-230-0686		Free
Adult Protective Services including abuse information	http://www.montgomerycountymd.gov/HHS-Program/ADS/CVA/CVAIndex.html 240-777-3000		Free
Burial Assistance	https://www3.montgomerycountymd.gov/311/Solutions.aspx?SolutionId=1-3GBQHE 240-777-4450		Free
Vital Records of Maryland	http://dhmh.maryland.gov/vsa/Pages/home.aspx 410-764-3036		Varied
Motor Vehicle Administration	www.mva.maryland.gov/ 1-800-950-1682		Varied
Social Security Administration	https://secure.ssa.gov/ 1-800-772-1213		Varied
Police Nonemergency	301-279-8000		Free
Hispanic Hotline	301-230-3073		Free
IRS	www.irs.gov 800-829-1040		Varied
Maryland Department of Aging	http://aging.maryland.gov/Pages/default.aspx 1-844-627-5465		Free
Commission on Veterans Affairs	https://www.montgomerycountymd.gov/HHS-Program/ADS/CVA/CVAIndex.html 240-777-1256		
Veterans Crisis Line	1-800-273-8255		Free
Operation Welcome Home	www.operationwelcomehomemd.org/military-support/ 410-630-1555		Varied
Additional County/State Resources for Military Families	http://montgomery.md.networkofcare.org/mh/services/subcategory.aspx?tax=PN-8100.4500-550		Varied

SERVICES IN SPECIFIC GEOGRAPHIC AREAS OF THE COUNTY

BURTONSVILLE/EAST COUNTY

East County Regional Services Center	www.montgomerycountymd.gov/eastcounty/ 240-777-8414	Multiple Services	Varied
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DAMASCUS

Damascus Help	http://damascushelp.org/ 301-253-4100	Food and other emergency assistance	Varied
Upcounty Regional Services Center	www.montgomerycountymd.gov/upcounty/ 240-777-8000	Multiple services	Varied

POOLESVILLE

WUMCO Help, Inc.	www.wumcohelp.org/ 301-972-8481	Food and other emergency assistance	Varied
Upcounty Regional Services Center	www.montgomerycountymd.gov/upcounty/ 240-777-8000	Multiple services	Varied

MULTISERVICE AGENCIES (ALSO INCLUDED IN SPECIFIC CATEGORIES)

Boys and Girls Club of Greater Washington	www.bgcgw.org/clubs/germantown/ 301-353-9600	Center located in Germantown only	Varied
Catholic Charities	www.catholiccharitiesdc.org/ 301-942-1790		Varied
Crisis Center	www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=BHCS/BHCS24hrcrisiscenter-p204.html 240-777-4000	24 hours a day	Free
EveryMind	www.every-mind.org/ 301-424-0656		Varied
Family Services, Inc	www.fs-inc.org/ 301-840-2000		Varied
Maryland Multicultural Youth Center/Latin American Youth Center	www.layc-dc.org/ 301-495-0441		Free
Montgomery County Police	www.montgomerycountymd.gov/pol/ 301-279-8000		Free
YMCA	http://yfs.ymcadc.org 301-587-5700		Varied

MCPS NONDISCRIMINATION STATEMENT

Montgomery County Public Schools (MCPS) prohibits illegal discrimination based on race, ethnicity, color, ancestry, national origin, religion, immigration status, sex, gender, gender identity, gender expression, sexual orientation, family/parental status, marital status, age, physical or mental disability, poverty and socioeconomic status, language, or other legally or constitutionally protected attributes or affiliations. Discrimination undermines our community’s long-standing efforts to create, foster, and promote equity, inclusion, and acceptance for all. Some examples of discrimination include acts of hate, violence, insensitivity, harassment, bullying, disrespect, or retaliation. For more information, please review Montgomery County Board of Education Policy ACA, *Nondiscrimination, Equity, and Cultural Proficiency*. This Policy affirms the Board’s belief that each and every student matters, and in particular, that educational outcomes should never be predictable by any individual’s actual or perceived personal characteristics. The Policy also recognizes that equity requires proactive steps to identify and redress implicit biases, practices that have an unjustified disparate impact, and structural and institutional barriers that impede equality of educational or employment opportunities.

For inquiries or complaints about discrimination against MCPS staff *	For inquiries or complaints about discrimination against MCPS students *
<p>Office of Employee Engagement and Labor Relations Department of Compliance and Investigations 850 Hungerford Drive, Room 55 Rockville, MD 20850 240-740-2888 OCOO-EmployeeEngagement@mcpsmd.org</p>	<p>Office of School Administration Compliance Unit 850 Hungerford Drive, Room 162 Rockville, MD 20850 240-740-3215 COS-SchoolAdministration@mcpsmd.org</p>

**Inquiries, complaints, or requests for accommodations for students with disabilities also may be directed to the supervisor of the Office of Special Education, Resolution and Compliance Unit, at 240-740-3230. Inquiries regarding accommodations or modifications for staff may be directed to the Office of Employee Engagement and Labor Relations, Department of Compliance and Investigations, at 240-740-2888. In addition, discrimination complaints may be filed with other agencies, such as: the U.S. Equal Employment Opportunity Commission, Baltimore Field Office, City Crescent Bldg., 10 S. Howard Street, Third Floor, Baltimore, MD 21201, 1-800-669-4000, 1-800-669-6820 (TTY); or U.S. Department of Education, Office for Civil Rights, Lyndon Baines Johnson Dept. of Education Bldg., 400 Maryland Avenue, SW, Washington, DC 20202-1100, 1-800-421-3481, 1-800-877-8339 (TDD), OCR@ed.gov, or www2.ed.gov/about/offices/list/ocr/complaintintro.html.*

This document is available, upon request, in languages other than English and in an alternate format under the *Americans with Disabilities Act*, by contacting the MCPS Department of Public Information and Web Services at 240-740-2837, 1-800-735-2258 (Maryland Relay), or PIO@mcpsmd.org. Individuals who need sign language interpretation or cued speech transliteration may contact the MCPS Office of Interpreting Services at 240-740-1800, 301-637-2958 (VP) or MCPSInterpretingServices@mcpsmd.org. MCPS also provides equal access to the Boy/Girl Scouts and other designated youth groups.

