

## Helping Students Succeed

Elementary counseling attempts to help all children get the most out of school.

Your support and collaboration will help make your child's school years a rewarding experience!



*It is our hope that parents and students feel comfortable to use these services. I look forward to working with you!*

## Can't Wait for a Successful School Year!



### My Contact Information:

Stephanie\_Hespe@mcpsmd.org

(240) 740-0562

\*Room 111\*

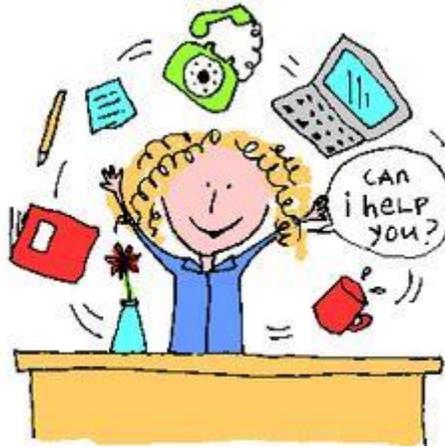
## CASHELL ELEMENTARY SCHOOL

Stephanie Hespe  
School Counselor



## How does a student see the school counselor individually or for a small group?

- Self-referral
- Teacher referral
- Parent referral
- Administrative referral
- Special services referral
- Referred by a friend



## Services Provided

- Classroom guidance lessons for every class
- Small group counseling (social skills, friendship building, divorce, self-esteem...)
- Brief solution-focused individual counseling
- Parent consultations
- 504 case manager
- Community resource referrals
- KIND bags for families
- Collaborate with teachers, administrators, parents, and students

## What do students talk about with the school counselor?

- Friendship Issues
- Self-Concept
- Decision Making/ Problem Solving
- Understanding Others
- Feelings
- Grief and Loss
- Career Awareness
- Alternative Behaviors
- Peer and Family Relationships
- School Problems
- Conflict Resolution