

“It’s important to give back, especially since there are children out there who don’t have what they need to eat breakfast, eat lunch, or eat dinner.” This quote is from the article *Shining Stars*, which is about twin sisters who are in 5th grade. Even though they are only in elementary school they make cupcakes that they sell to others. Then they donate the money they get to a charity for kids who don’t have enough food to eat.

This quote reminds me of the time when our girl scout troop went to package food for a charity that needed food. One after another we packed noodles and cheese. We worked as a team to make 7,000 meals for people who couldn’t afford to buy food. We worked for a total of four hours. Even though my hands were tired I knew it was for a good cause and felt proud that I was helping people who really needed it.

Reflecting on this quote helps me understand that I can make a difference. I don’t have to bake cupcakes like the sisters did in the article. I can donate money to charity or volunteer my time at hospitals, shelters or retirement homes. I have learned that even though I’m only 10 years old I can do things to make the world a better place.