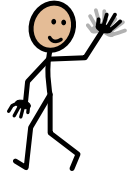


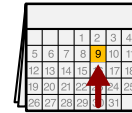


Staple next appointment card here

FOLLOW - UP CARE



Thank you for visiting the dentist today.

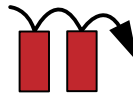
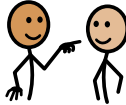
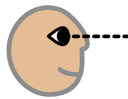


See

you

next

time !



Print and laminate these morning and evening oral health cue cards to remind users of the steps in good oral hygiene. Users can: cut apart the cards, leave attached, attach to a mirror or leave near the sink.

Brush		Choose		Choose	
Toothpaste on brush	Brush side teeth	Eat fruits and vegetables 		Drink water every day 	
Brush back teeth	Rinse mouth	Good choices keep teeth healthy! 		Good choices keep teeth healthy! 	
Brush front teeth	Finished!				
Brush		Floss		Remember	
Toothpaste on brush	Brush side teeth	Floss top teeth 		Visit the dentist! 	
Brush back teeth	Rinse mouth	Floss bottom teeth 		Tell someone if your teeth hurt. 	
Brush front teeth	Finished!	Finished! 			