

Recovery and Academic Program

A collaboration between Montgomery County Public Schools (MCPS) and Sheppard Pratt (SP) to connect youth with academic and substance use recovery support services.

What is the Recovery and Academic Program (RAP)?

RAP provides Montgomery County youth with free, comprehensive services to address both their academic needs as well as their substance use struggles. RAP is a highly individualized program and each adolescent who participates will receive a plan that is unique to his or her needs. Once enrolled in RAP, adolescents may continue to participate until high school graduation.

When enrolled in RAP, students receive the comprehensive academic instruction, recovery, social, recreational, and vocational support they need to successfully complete high school and transition to an independent life. MCPS staff members work with students to develop academic and career goals and objectives. SP peer recovery specialists work directly with adolescents to understand their recovery needs and formulate a plan to maximize RAP offerings.



Academic Instruction

Comprehensive academic services are provided by certified teachers and include:

- Direct, individualized academic instruction that aligns with the MCPS curriculum;
- Online classes available 24/7;
- Homework assistance and tutoring; and
- Vocational training and career readiness opportunities.

Home School RAP

Students who currently are enrolled in their home school and who are meeting with academic success may continue attending their home school during day. After school, students may attend and participate in recovery programming.

Online RAP

For some students, attending the home school may be a challenge. For these students, attending classes online may be more appropriate. Students will have access to online classes 24/7 and are welcome to attend The Landing during the day to work directly with certified teachers from 9:30 a.m.–4:00 p.m., Monday through Friday. In the late afternoon, students engage in recovery programming offered at The Landing.



RAP was started in 2018 with a grant from Governor Larry Hogan's Opioid Operational Command Center.

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MONTGOMERY COUNTY PUBLIC SCHOOLS

Expanding Opportunity and Unleashing Potential



Sheppard Pratt

Recovery Support

In addition, adolescents have access to the full suite of services offered through The Landing, an after-school adolescent recovery clubhouse offered by SP. The Landing provides a nonjudgmental, inclusive, and supportive environment where Montgomery County youth who are recovering from substance use problems receive a comprehensive array of recovery and support services.

Youth have access to dynamic, engaging support throughout the recovery process to focus on learning how to foster positive relationships, leadership skills, team-building opportunities, problem-solving skills, responsibility, and confidence.

At The Landing, adolescents participate in:

- Relapse prevention and recovery planning;
- Goal setting;
- One-on-one counseling;
- Recreational activities, including outdoor fitness and sports;
- Field trips (all fees included);
- Arts and crafts;
- Vocational training and career readiness groups;
- Support groups; and
- Monthly family dinners

Enrolling in RAP

In order to be eligible to participate in RAP, adolescents must be:

- High School Students who are in grades 9-12. ;
- Eligible to enroll in MCPS schools;
- Seeking a safe, drug-free community;
- Seeking assistance with their recovery, vocational, and educational goals; AND
 - Have a history of recurring substance use problems, OR
 - Have recently completed a substance use treatment program.

Referrals to RAP

Students may be referred to RAP by a parent/ guardian, MCPS, a healthcare provider, a substance use treatment provider, or a mental health provider. Adolescents also may refer themselves to the program.

Students interested in RAP should contact the student's home school counselor or pupil personnel worker to complete a RAP application. In addition, all prospective participants must complete intake interviews with MCPS and The Landing.

While enrolled in RAP, students will remain enrolled in their home school where they have the opportunity, on a case-by-case basis, to participate in school events and activities. Students also will continue to have access to school counseling, college and career planning, and other supports.



TO LEARN MORE ABOUT RAP, please contact:

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<https://www.montgomeryschoolsmd.org/departments/student-services/mental-health/rap.aspx>