



*You should definitely take this internship. You will be surprised with what you can do. You might be surprised to learn that the job you wanted coming in might not be the same job you want coming out of the internship.*



*I like the feeling that I am making people's day by providing them with food .*

Student's strengths, needs, interests and goals are considered when making placements in the internship.

### **Work Assignments Include:**

- Nursing Education
- Emergency Room
- Pediatric Center
- Materials Management
- Pulmonary Rehab Dept
- Acute Care Unit
- Multicultural Services
- Environmental Services
- Food and Nutrition Services
- Ambulatory/Express Care Center
- Patient Transport
- Aquilino Cancer Center
- Front Lobby - Wayfinding and more!

For additional information, contact Ellen Rohan, Transition Services, Exploring Careers Coordinator at [Ellen\\_M\\_Rohan@mcpsmd.org](mailto:Ellen_M_Rohan@mcpsmd.org)



Montgomery County Public Schools

# **Exploring Careers Internship Program**



## Are you looking to ...

Start an exciting senior year internship

Explore different careers

Be more prepared for college and other post secondary programs

Be ready for future work opportunities

Learn to be an independent and confident worker

Learn amazing work and social skills

Improve communication skills

Build your resume and important contacts

## Exploring Careers is...

A training experience that connects Montgomery County high school seniors who have an Individualized Education Program with hands-on work experience.

Participants set a work schedule which compliments their high school schedule.

Currently based at healthcare and retail locations around Montgomery County, the internship provides one-on-one startup job training and ongoing, fading support.

A chance to explore post-secondary interests while practicing real life career and socialization skills.

***The Exploring Careers Internship gave me a chance to transition to somewhere outside of the school building. It was a new beginning.***



***One of the most rewarding moments for me was being able to really hear patients. I liked being able to help as much as I could and meeting new people.***

Exploring Careers provides a supportive environment for the intern to

- build confidence,
- gain independence,
- set and achieve goals,
- practice self-advocacy



## How To Apply?

### Fall of Junior Year

Make an appointment to meet with your school TST to talk about the internship and see if you are a good candidate.

Meet with your Case Manager to see if your schedule can be arranged for an out of building Internship experience.

### Spring of Junior Year

Complete the required Student Application and return to your TST.

An interview will be conducted for each candidate at their school.

Students who are included in Internship include time in their Senior schedule.