



Social Emotional Learning: Everyday, Everywhere!

MCPS Special Education
Parent Summit

May 17, 2014



MCPS & SEL

- Integrated Strategic Plan
- Superintendent Book Clubs
- Community Forums
- Special Education Summit
- Curriculum 2.0

“It’s tough work, but it’s the right work.”

Self-Awareness

- Identify emotions
- Know personal strengths weaknesses
- Self-confidence

Self-Management

- Impulse control
- Stress management
- Persistence & motivation
- Goal setting

Responsible Decision Making

- Evaluate multiple options
- Ethical implications?
- Short and long term implications?

Relationship Skills

- Cooperation
- Willingness to seek and provide help
- Communication skills

Social Awareness

- Empathy
- Respect for others
- See others' perspectives

Already hard at work...



What's all the fuss?

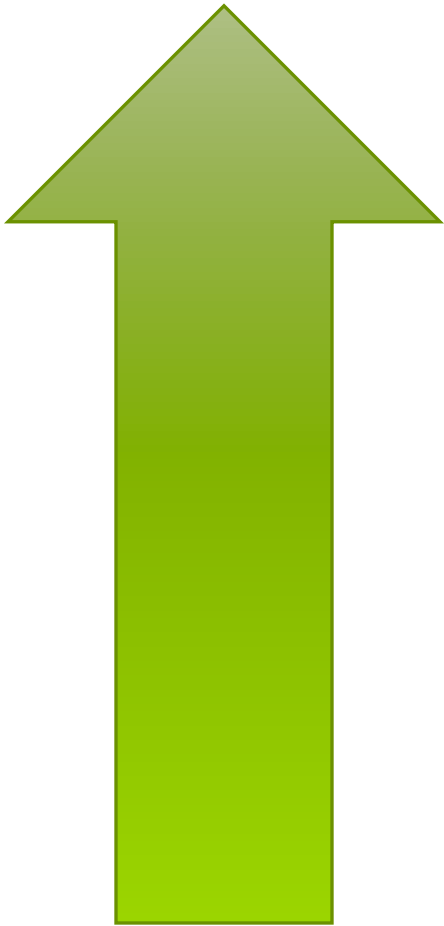




What is CASEL?

Collaborative for
Academic,
Social and
Emootional
Learning
www.casel.org

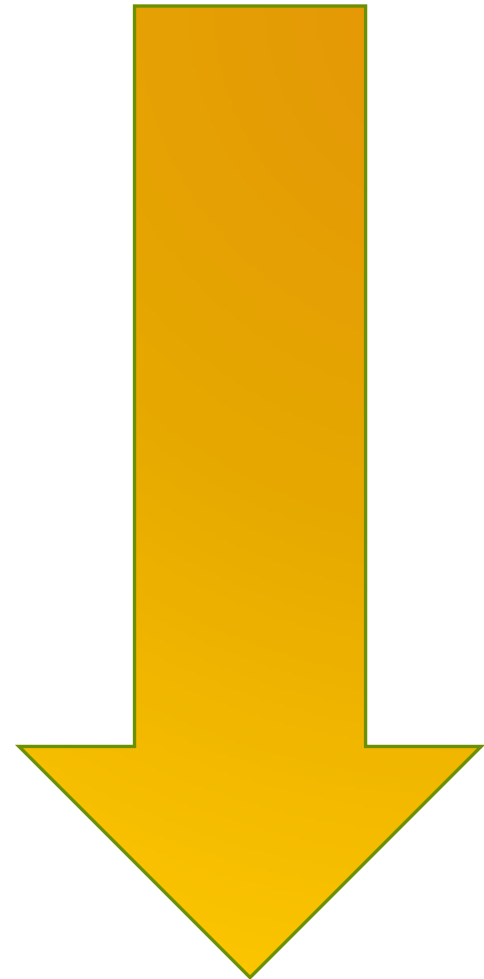
Research Says...



- 29% Supportive School Environment
- 83% Academic Gains
- 11% Average Test Score Gain
- 11% Average GPA increase
- Attitude to School
- Helping Behaviors

Research Says...

- Aggressive/Violent Behavior
- Emotional Distress
- Conduct Problems
- Suspensions
- Truancy
- Substance Abuse



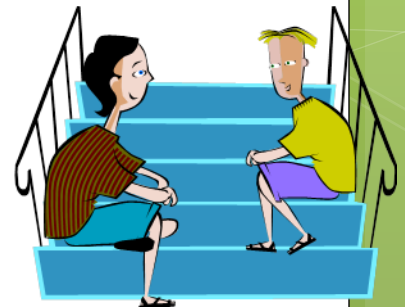
Curriculum 2.0 & SEL

- Debating sides of an issue
- Role playing
- Group projects
- Establish group rules
- Manage conflict
- Give/receive feedback
- Reflection



Curriculum 2.0 & SEL

- Journal from perspective of serf v. lord, South v. North, etc.
- Read book
- Explain consequences decisions, alternatives
- Art project reflecting character's feelings
- What challenges did person overcome?



Curriculum 2.0 & SEL

- Cooperative team games
 - Reflection
- Goal setting
 - Math facts, reading levels, BCRs
- Biographies
 - Success-over-time



Bringing It Home

- Model problem solving
- Model emotional regulation
- 3 good things
- Foster growth mindset
 - Strategy emphasis
- Goal setting



Bringing It Home

- Volunteer
- Learn new skills together
- Discuss Character Counts lessons from school
- Ask how kids are feeling
- Give choices, follow through



Bringing It Home

- Positive cognitive process
- Infuse restorative questions
- Own your choices



Reliable Resources

- www.casel.org
- <http://tinyurl.com/mbpy7ze>
- <http://tinyurl.com/kmhqoot>
- <http://csefel.vanderbilt.edu/>

Reliable Resources

- www.edutopia.com

- MCPS BOE SEL

- <http://tinyurl.com/mo4k98b>

- Accountable Talk

- <http://tinyurl.com/nxbawe8>