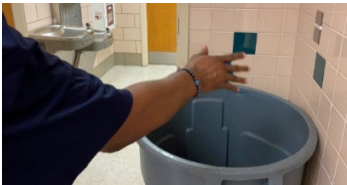


## How to safely remove chemical-resistant gloves after use



### Steps:

1. Grasp the outside of one glove, at the wrist, with your other gloved hand (do not touch your skin).
2. Peel the glove off, down and away from your face and body, while turning it inside-out. Peeling the glove off away from you prevents chemicals that are on the gloves from splashing onto you.
3. As you remove the inside-out glove, ball it up inside your gloved hand.
4. Slide a bare finger or two under the wrist of your gloved hand (do not touch the outside of the glove).
5. Use your finger(s) to peel the glove off, turning it inside-out, while your gloved hand continues to hold the balled up first glove.
6. The second glove should now be removed, turned inside-out, and wrapped around the first glove.
7. Place the gloves in the trash.
8. Wash your hands thoroughly with soap and water. Do not use hand sanitizer as a substitute for washing – this will not effectively remove chemicals from your hands and can increase chemical absorption.